



40th Annual

Seaside Half Marathon & 5k

Sunday, October 15, 2017

Keep up-to-date with the latest race information on our Facebook page!
<https://www.facebook.com/orcseasidehalf>



Funded in part by a grant from the Ocean County Board of Freeholders

Explore more at OceanCountyTourism.com

To benefit the Tri-Boro First Aid Squad of Seaside Heights, Seaside Park and Berkeley Township, the Ocean Running Club's Scholarship Fund, & the Marine Mammal Stranding Center

Races begin @ Beachcomber Bar & Grill
100 Ocean Terrace Seaside Heights, NJ 08751

Register online at www.orcseasidehalf.com.

The Seaside Challenge

Introducing for our 40th year celebration, runners are welcomed to take the "Seaside Challenge", and run the 5K and the Half Marathon races back-to-back!

THREE medals given to finishers of the challenge – 5K, ½ marathon & a special Challenge medal!

Pre-Registration	\$85	<i>Ends Friday Sept 29 2017</i>
ORC/JGSSMS	\$55	<i>Ends Friday Sept 29 2017</i>
Post Registration	\$105	<i>NO DISCOUNT AVAILABLE</i>

*In order to be in the Seaside Challenge, you must register for the Challenge category at the time of registration. You can NOT combine your individual 5K and ½ marathon entries to count as the Challenge. If you register for the 5k and the 1/2 marathon separately, you will NOT be in the Seaside Challenge. If you have already registered for one of the events and now want to be in the Seaside Challenge, you can contact us at info@orcseasidehalf.com.

**Awards are not given for the challenge. Those who participate in the challenge are eligible for awards given in each race. Please see the individual race information for award qualifications.

Half Marathon Info

Start 9:15am – 3 hour time limit

Run our beautiful, scenic course along the famous Boardwalk & Bay area through Seaside Heights and Seaside Park!

Special 40th celebration medal to all finishers!

Awards given to top 3 overall male / female, and Top 3 in 5 year age groups from 19 & under to 80 & over. Awards Ceremony will be held at 11:30am.

Pre-Registration	\$50	<i>Ends Friday Sept 29 2017</i>
ORC/JGSSMS	\$30	<i>Ends Friday Sept 29 2017</i>
Post Registration	\$65	<i>NO DISCOUNT AVAILABLE</i>

5K Info

Start 8:15am – 40 min time limit

Run our beautiful, scenic course along the famous Seaside Boardwalk!

Special 40th celebration medal to all finishers!

Awards given to top 3 overall male / female, and 1st place in 10 year age groups from 14 & under to 80 & over. Awards Ceremony will be held at 9:30am.

Pre-Registration	\$25	<i>Ends Friday Sept 29 2017</i>
ORC/JGSSMS	\$20	<i>Ends Friday Sept 29 2017</i>
Post Registration	\$30	<i>NO DISCOUNT AVAILABLE</i>

Long Sleeve Tech Shirts Guaranteed to Pre-Registrants of all races!

Complimentary Water, Gatorade & Port-A-John's on the course with post race snacks available!

Pre-Registration ends on Friday, Sep29 2017. Post-Registration will open during Bib Pick Up ON Saturday, October 14 @ 5pm, and Race Day October 15 @ 7:30am. No discounts will be available to anyone (including club members) during post registration.