

Ocean Medical Center 5K Run/Walk and Community Day Saturday May 31, 2008

Boardwalk to a Healthier You

Location: Ocean Medical Center
425 Jack Martin Blvd
Brick, NJ 08724

5k Start Time: 8:30 a.m.

Kids races: 9:30 a.m.

Race Day Registration and Check in: 7:30 a.m.

Register online at www.active.com



Awards Party, health screenings, face paintings, food,
and a lot more immediately after the races.

Course - *Flat and Fast*

Awards: Overall winner, Male & Female

Top Brick Township Male & Female
Finishers

Top 3 Male & Female Finishers in age
groups: 10 & under, 11-19, 20-29, 30-39,
40-49, 50-59, 60-69, and 70+

Random Raffle Prizes

Registration Form

Registration Fee

\$15 if received by May 9, 2008, otherwise \$20 (t-shirt for first 200 registered)

Kids Race is Free (includes medals to all participants)

Make Checks payable to:
Ocean Medical Center
Att. Ocean Medical Center 5k

Mail: Ocean Medical Center
Community Day/5K
PO BOX 1664
Brick, NJ 08724

First Name: _____ **Last Name:** _____ **Age on Race Day** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Male** ___ **Female** ___

Email: _____

Shirt Size: S M L XL (Please circle one)

Waiver/Release: In consideration of this entry being accepted, I hereby for myself, heirs, executors, & administrators waive and release any claims I may have against Ocean Medical Center, the event organizers, volunteers, sponsors and (or) any representatives involved in the Boardwalk to a Healthier You 5k Run/Walk for any and all injuries suffered by me. **I certify that I am physically able to compete in this event.**

Signature: _____ **Date:** _____

Parent Signature (if under 18): _____ **Date:** _____

For information visit:
www.OceanMedicalCenter.com
or call 732-836-4866 or
e-mail: OMCRace@meridianhealth.com

